



Kedar Gogte

112/3, Amrut Apartment,
Prabhat Road, Pune-411004

Maharashtra, India

9850896145/020-25430505

MOUNTAIN BIKING- MANALI TO LEH (LADAKH) ACROSS THE ROOF TOP OF THE WORLD

This scenic and picturesque landscape of Ladakh is among the most breathtaking in the World. Your bike tour starts among the lush green and alpine meadows of the Kullu valley and then crosses the Main Himalayan Ranges to the fabled lands of Lahoul and Ladakh. Over the next few days you will ride through breathtaking high altitude desert plateaus; High Mountain passes; remote mountain villages and visit splendid Buddhist monasteries. You will see camping grounds of Tibetan nomads, the Changpas and migrating herds of Kiangs (wild ass). As a climax to the entire trip, you will touch the famous Khardung La pass, which is the highest motorable road in the world at 18,380 feet.

DURATION: - 14 Days.

ACTUAL BIKING: - 10 Days.

DATES: - 25 August to 7 September.

SPECIAL EQUIPMENT: - Personal biking equipment

HIGHEST ALTITUDE: - Khardung -La 18,380 ft.

ITINERARY:

25 Aug	Day 01	Reach Delhi by 4 pm > Volvo to Manali
26 Aug	Day 02	Reach Manali. Acclimatization ride
27 Aug	Day 03	Manali / Kothi - Marrhi (3,281m/10,827 ft.) on bike 38 km Today's biking is on picturesque upper Manali valley on nice road and solid climbing the entire way. Easy road till village Palchan, 4 km from Solang. From Palchan the climb towards Rohtang Pass begins. We camp at Marrhi, from which Rohtang Pass is only 12 km.
28 Aug	Day 04	Marhi- Sisu/ Gondla (3,102 m. /10,237 ft.) on bike 50 km. We start our day by finishing our final climb of 12 km to Rohtang Pass (3,978 m. / 13,052 ft.). The road is poor-rutted and rocky towards the top of Rohtang Pass. Once at the top, if the weather is clear, we get a beautiful view of the glaciers and snow-clad mountains of the Chandrabhaga Range on the other side of the



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		pass. The road descends 22 km down to Khoksar village and then we ride 15 km on a flat road along the Chandra River up to Sissu village. The khoksar to Gondla road is in very good condition. Stay overnight in camp.
29 Aug	Day 05	Sisu/ Gondla – Jispa (3,181 m. /10,500 km.) on bike 40 km. Today's ride is easy since the road continues along the Chandra River with gradual gradient in between till Tandri. At Tandri we leave behind the Chandra River and continue up along the Bhaga River climbing up to Keylong, the district place of Lahaul. We continue further along the Bhaga River for 21 km to reach Jispa. Overnight stay in camp.
30 Aug	Day 06	Jispa to Patseo to Zingzigbar/Base of Baralacha La (3,790 m. /12,504 ft.) on bike 38 km. The difficult section of our trip begins today. The road is very bad between Darcha and Patseo-dusty and rutted, some loose rocks on Baralacha-La. We stay at an average altitude of approximately 4,400 m. / 13,200 ft. and above for the next 3-4 days. From Jispa the road continues along the river Bhaga till Darcha. From Darcha the road climbs in switchback turns and gradually leads to Patseo. From Patseo the road continues up and down all the way up to Zingzigbar and then there is a 5 km climb to the base of Baralacha La where we camp overnight.
31 Aug	Day 07	Zingzigbar- Brandy Nullah (4,230 m. /13,954 ft.) on bike 69 km. A hard climb begins for next 20 km to Baralacha La (4,880 m. / 16,011 km.). We pass two small, beautiful lakes of Deepak Tal and Suraj Tal on our way. The view from the pass is rewarding. Then the road is all downhill up to Bharatpur. Stop for a nice tea and hot snacks; then resume cycling to the plains of Sarchu all the way to Brandy Nullah. Camp Overnight.
1 Sept	Day 08	Brandy Nullah – Pang (4,100 m. / 13,518 ft.) on bike 57 km. Another tough cycling day. The road is in okay condition. Gata loops of 10 km and on up to Nakee La all climbing. The surface – just loose rocks, rutted – looks as if it's never been tarmacked. We then descend to Whisky Nullah after which the climb up to Lachalang –La (5065m. / 16,618 ft.) begins. It is a gradual climb. After that we descending till Pang campsite. Stay overnight in Camp. The toughest day of our expedition is over.



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2 Sept	Day 09	<p>Pang - Tsokar Lake (4,603 m. / 15,191 ft.), on bike 45 km.</p> <p>Today's road gives you stunningly beautiful sights and locations, a real feast for nature lovers. After the short climb from Pang up continue on the arid road of More Plains to the base of Tanglang La at Tso Kar.....probably the finest location for camping. Stay overnight in camp.</p>
3 Sept	Day 10	<p>Tso- Kar Lake – Derbing – Lato (4,673 m. / 15,421 ft.) on bike 60 km.</p> <p>A huge climb to the top of Tanglang La – World's second highest motorable road – (5,360 m. / 17,586 ft.) Road mostly good, except loose rocks for a few kilometers st Tanglang La, starting 1 km below the summit, Manali side. On Tanglang La top you are rewarded by an awesome view of the never-ending mountain ranges. Then roll down a full 35 km on the other side to Rumtse! The road then continues in a narrow gorge with extremely colourful mountains on both the sides, till we exit at Lato on the banks of River Indus. Stay overnight in Camp.</p>
4 Sept	Day 11	<p>Lato - Leh (3,480 m. / 11,484 ft.) on bike 69 km.</p> <p>From Lato the whole valley of the Leh region starts and road goes along the River Indus. We finally reach the capital of the mysterious land of Lamas (Monks), Leh. Stay overnight in hotel.</p>
5 Sept	Day 12	<p>Leh- Khardung La (5,602 m. / 18,380 ft.) on bike 39 km.</p> <p>Khardung- La is the highest motor able road in the world. Same day back to Leh. Stay overnight in Hotel.</p>
6 Sept	Day 13	<p>Extra Days – Utilize it for going to Pangong Tso/Nubra Valley/Rafting * At Extra Cost</p>
7 Sept	Day 14	<p>End of tour.</p>

Cost: Rs.54,900/-

***The Cost Excludes –**

Transportation to Manali and From Leh

Cancellation charges: 1. More than 30 days prior to departure - 20% of the **Tour Cost**
2. Less than 30 days prior to departure - 50% of the **Tour cost**

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Visit us: <http://www.greenearthadventures.com>



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List of Things:

No	Items	Qty	No	Items	Qty
1	Cycling Jerseys	2	14	Socks	3 pairs
2	Cycling Shorts/Pants	2	15	Sun Glasses	1
3	Cycling Bandana	1	16	Shoes	1 pair
4	Tee Shirts	2	17	Floater	1 pair
5	Pant	1	18	Cycling Helmet	1
6	Under Garments	3 sets	19	Water Bottles (1 Lt.)	2
7	Light Sweater/Jacket	1	20	Personal Food Items (Energy Bars etc.)	
8	Heavy Sweater/Jacket	1	21	Head Torch	1
9	Wind/Rain Proof Set	1	22	Toilet Kit (Lip Guard, Vasaline, Sun Screen, Extra set of batteries, Toilet Paper, Extra Shoe Laces etc.)	1
10	Pannier Rain Covers	1 set	23	Personal Medical Kit (Diamox etc.)	1
11	Balaclava	1	24	Personal Tool Kit and Spares (multi tool, pump etc.)	
12	Gloves (Cycling and warm)	2 pairs	25	Original Photo Identity Proof	
13	Woolen Socks	1 pair			