



Kedar Gogte
112/3, Amrut Apartment,
Prabhat Road, Pune-411004
Maharashtra, India
9850896145/020-25430505

Annapurna Base Camp (ABC) Trek **14 Days Including Kathmandu and Pokhara**

Annapurna Base Camp Trek; is one of the most famous trekking route in the world. This trekking route passes through a diverse range of climate, vegetation and cultural zones. From lush vegetation of rain and temperate forests to the alpine environment of the Sanctuary, each day on this trek offers something different. The land really does change daily, which provides a tantalizing introduction to Nepal's cultural and natural beauty. Main peaks of the western portion of the great Annapurna Himalayas, including Hiunchuli, Annapurna South, Fang, Annapurna I, Ganagapurna, Annapurna III and Machhapuchhare are arranged almost precisely in a circle about 10 miles in diameter with a deep glacier-covered amphitheatre in the centre. Annapurna Base Camp Trek route crosses through the Gurung Cultures along the dense Rhododendron forest.

ITINERARY:

- Day 1 - 21-09-2019:** Pune - Kathmandu (1339m)
- Day 2 - 22-09-2019:** Drive Kathmandu to Pokhara (820m)
- Day 3 - 23-09-2019:** Drive Nayapul (1070m) trek to Tirkhedhunga (1480m) ~ 9.2km
- Day 4 - 24-09-2019:** Tirkhedhunga (1480m) to Ghorepani (2860m) ~ 12.9km
- Day 5 - 25-09-2019:** Ghorapani (2860m) to Tadapani (2630m) ~ 9.7km
- Day 6 - 26-09-2019:** Tadapani (2630m) to Chhomrong (2170m) ~ 7.6km
- Day 7 - 27-09-2019:** Chhomrang (2170m) to Dovan (2579m) ~ 10.5km
- Day 8 - 28-09-2019:** Dovan (2579m) to Annapurna Base Camp (4130m) via Machhapuchhre Base (3704m) ~ 13.5km
- Day 9 - 29-09-2019:** Annapurna Base Camp (4130m) to Bamboo (2339m) ~ 15.5km
- Day 10 - 30-09-2019:** Bamboo (2339m) to Jhinu Danda (1780m)
- Day 11 - 01-10-2019:** Trek to Nayapul ~ 12km & Drive to Pokhara
- Day 12 - 02-10-2019:** Drive Pokhara to Kathmandu
- Day 13 - 03-10-2019:** Kathmandu City Sightseeing
- Day 14 - 04-10-2019:** Departure

Package cost Includes:

- At Kathmandu, airport - hotel - airport transfer.
- 03 Nights accommodation at Hotel Arts at Kathmandu on AP Basis.
- 02 Nights accommodation at Lakeside Retreat at Pokhara on AP Basis.
- Kathmandu valley sightseeing.
- Pokhara valley sightseeing.
- Kathmandu - Pokhara - Nayapul - Pokhara - Kathmandu transfer.
- All transfer by air conditioned private car.
- Cable car tickets to visit Mankamana temple.
- Entry fees at different sightseeing places.
- Annapurna conservation area project fees.
- 9 Days trekking accommodation at best available guest houses with all meals.
- An English / Hindi speaking trekking guide.
- A porter for 2 pax basis.
- All related taxes and service charges.

Package Cost excludes:

E-mail: gogte.kedar@gmail.com

Visit us: <http://www.greeneearthadventures.com>



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- Lunch at Kathmandu & Pokhara.
- Lunch and any types of food during Kathmandu – Pokhara – Kathmandu road journey
- Entry fees of different sightseeing places at Kathmandu and Pokhara are about (20 US \$ per person in total) & Tips.
- Entrance fees of sightseeing places.
- Any personal nature cost, Beverages.
- Hot and Mineral water & any type of soft drinks.
- Vehicle disposal for shopping & Tips.

Risk and Liabilities:

We will endeavour to make your program smooth and as pleasant as possible. However the entire programs of trekking are on the ranges of great mountains. Therefore, Green Earth Adventures and their associates shall not be responsible for any changes in the itineraries due to unavoidable circumstance and natural disasters such as landslide, road blockage, flood, snowing, cancellation of flight and delay, any types of sickness including altitude sickness. Any extra cost including there shall be borne by trekkers themselves.

Insurance:

Full trekking and travel insurance coverage for medicine, rescue evacuation, loss of belongs, and trip cancellation is strongly recommended.

Bring the following items with you:

Woollen gloves, Balaclava, Sun hat, Thermal wear, Water bottle, Woollen socks, Towel, Light Jacket, Down-Jacket, Sunglasses, Sun and cold cream, Torch with extra batteries / bulbs, Raincoat, Paper Soap, Sweater, Shirt / T-shirt, Trekking shoes, trekking stick, flip- flop, persons medicines and bandages ETC - as required.

Optional Program:

River Rafting, Jungle Safari, Mountain Fight, Paragliding, Bungee Jump and mores.

Registration Process: Please click on the link below to fill up the registration form in order to reserve your place on the tour: <https://goo.gl/forms/kdsNwU3tudcsDcvP2>

In order to confirm your place on the tour please either pay the tour cost by cheque drawn in favour of '**GREEN EARTH ADVENTURES**' or transfer to the following bank account:

Account Name: **Green Earth Adventures**
Bank Name: **HDFC Bank, Pune Bhandarkar Road**
Current Account No.: **50200034793086**
IFSC: **HDFC0000007**

Note: Please make sure you write your name, as well as the event name in the remarks column in case you transfer the amount by NEFT.